

Unity Futures is a new **free** wellbeing and employment programme focusing on early engagement and interventions for young people with a learning disability (16-24) across Central London Boroughs who are NEET (Not in Education, Employment or Training).

How does the programme work?

Unity Futures will focus on:

- Mental health and wellbeing.
- Developing emotional coping strategies.
- Building confidence and a 'circle of support.'
- Practical skills around travel, digital inclusion, budgeting.

With additional employment support around:

- Reviewing education, training and/or jobs that would match individuals best.
- Experience of work through visits, job fairs, taster sessions and placements.
- Support with applications, interview and in-work support



How do I refer someone to the programme?

Referrals are open to all who meet the above criteria and eligibility and can be made to Peter Hass at peter.hass@unityworks.org.uk

The Unity Futures programme is funded by the UK government through the UK Shared Prosperity Fund.



**Funded by
UK Government**

SUPPORTED BY

MAYOR OF LONDON